

## ADELAIDE PLAINS EQUESTRIAN CLUB INC POLICIES

Policy number	7	Version	6
Drafted by	AM	Approved by	July 2022 Committee
Responsible person	Event Coordinator	Scheduled review date	July 2025

### SUN-SMART POLICY:

It is acknowledged that skin cancer is a major public health problem in Australia. It is recognised that skin cancer is preventable and like any other medical condition, it is best dealt with by the application of preventative measures.

1. While the Adelaide Plains Equestrian Club (“APEC”) will endeavour to assist in sun protection when at meetings, rallies, training, and competitions, it is recognised that, the responsibility is that of everyone.
2. During extreme weather, events/activities may be postponed or cancelled at the discretion of the APEC (Adelaide Plains Equestrian Club) committee.
3. During hot weather APEC should where possible, endeavour to schedule activities outside the hours of 11 am and 3.00 pm (Daylight Saving Time).
4. APEC encourages and promotes the use of high SPF Broad Spectrum Sunscreen by members.
5. Riding members are encouraged to wear brims on helmets for extra protection of face, ears, neck, and shoulders while participating in APEC activities.
6. Members are encouraged to wear long sleeved shirts and collars.
7. Maximum use should be made of existing natural shade/shelter.
8. APEC encourages trainers, coaches, officials, and members in prominent positions to act as strong role models, making use of all sun protection available.

### REVIEW / CONSULTATION

*The review of this policy is the responsibility of the Adelaide Plains Equestrian Club Committee. This policy will be reviewed at least every three years.*

**APPROVED** A.J.Maddison

**DESIGNATION** *President*

**DATE** *July 2022*